



People, tools, automation, resources: who and what do you have to support you on your journey?

Start here, adding anyone and anything that you can count on when help or inspiration is needed.

PERSONAL

- _____ BFF'S:
- _____ Family, neighbors, friends:
- _____ Fitness:
- _____ Nutrition:
- _____ Stress relievers:
- _____ Mental health:
- _____ Doctor: primary, OB,
_____ specialists, sight, hearing, dental
- _____ Personal growth:
- _____ Favorite books:
- _____ Favorite healthy snacks:
- _____ Favorite day trip, drive or walk:
- _____ Hobbies:
- _____ Music/instruments:
- _____ Pets:
- _____ Mechanic/car work:
- _____ Healthy habits:
- _____ Church/volunteer/community:
- _____
- _____

PERSONAL+BIZ

- _____ Banker:
- _____ Investments:
- _____ CPA:
- _____ Bookkeeper:
- _____ Debt support:
- _____ Insurance: life, car, home, biz
- _____ Coach or mentors:
- _____ Phone/computer/tech support:

ME

_____ Whose toolbox(es) am I in?

BUSINESS

- | | |
|--|--------------------------------|
| _____ Time management: | _____ Staffing resources: |
| _____ Human resources: | _____ Maintenance: |
| _____ Payroll: | _____ A/C unit / heating unit: |
| _____ Legal: | _____ Electrical/plumbing: |
| _____ Marketing: | _____ Continuing ed: |
| _____ Photography: | _____ Kiln: |
| _____ Website: | _____ Lease: |
| _____ Cleaning: | _____ Support groups: |
| _____ Merchandising/samples: | _____ Mentors: |
| _____ Backroom: | _____ Growth/goals: |
| _____ Small biz retail friends in the community: | |
| _____ Small biz retail friends online: | |



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